



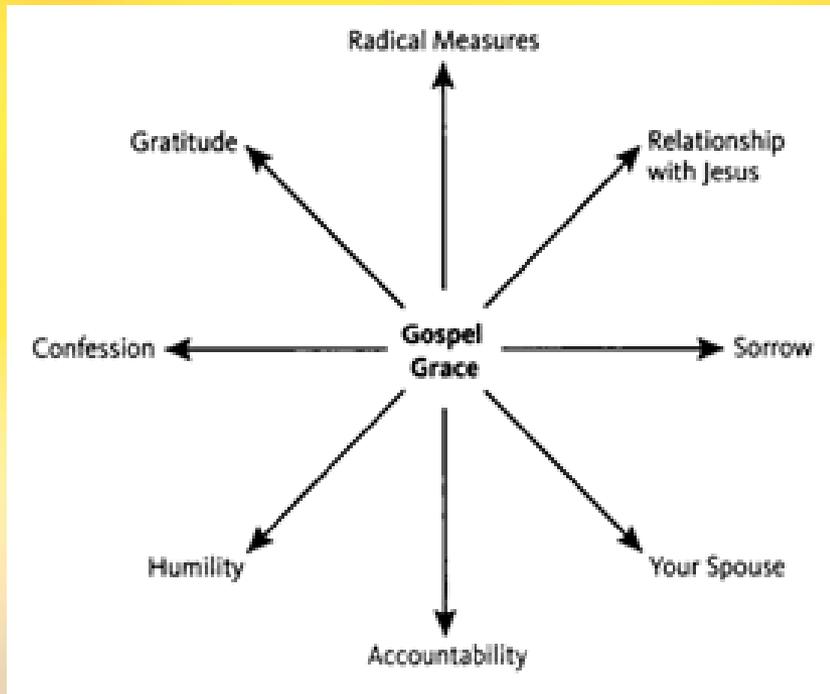
FINALLY FREE

Fighting for Purity with the Power of Grace

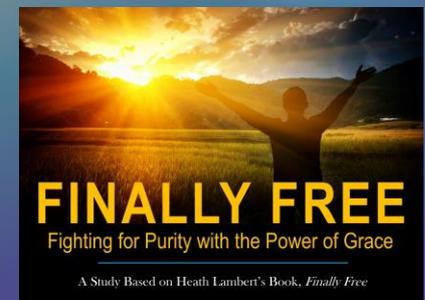
A Study Based on Heath Lambert's Book, *Finally Free*

INTRODUCTION

- *Finally Free* Grace-Based, Biblical Tools:

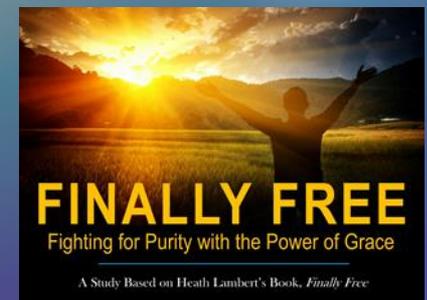


- What does sorrow look like?
- “All sorrow is not created equal.”



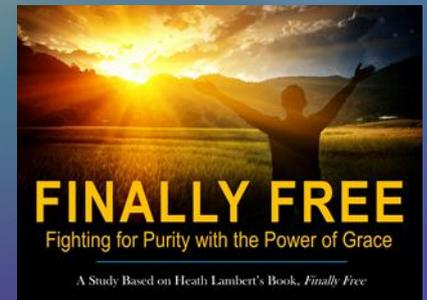
Two Kinds of Sorrow

	Worldly Sorrow	Godly Sorrow
Focus	Self	<u>God</u>
Source	Loss of <u>Stuff</u>	Loss of God (Broken <u>Relationship</u>)



An Example of Godly Sorrow

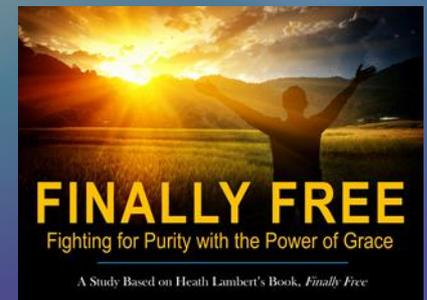
- *II Corinthians 7:8-11*
- What is the context?
- From a human perspective, what prompted the Corinthians' sorrow?
- In what sense were the Corinthian believers made "innocent" by their sorrow?



The Marks of Godly Sorrow

1) *Godly Sorrow is Earnest.*

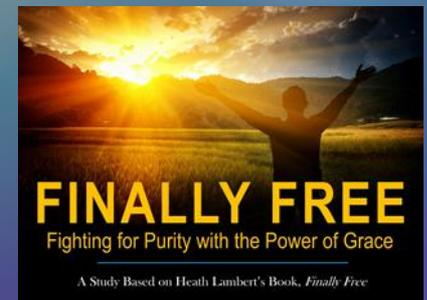
- Excited fervor to do something or accomplish some end
- “Biblical remorse over sin extends far beyond a momentary wince of pain and a fleeting twinge of conviction. Godly sorrow is busy battling (sin) weeks, months and years after worldly sorrow has given up in the struggle.”
- What is the opposite mark of worldly sorrow?



The Marks of Godly Sorrow

2) *Godly Sorrow Leads to an Eagerness to Clear Yourself.*

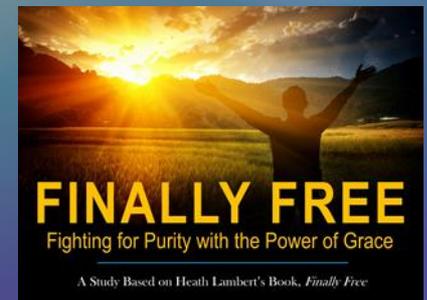
- In a legal sense, clearing yourself means working hard to assure you could never be found guilty of something like that again.
- **Two Practical Evidences of this Mark**
 - You pursue accountability.
 - You pursue radical measures.
- What is the opposite mark of worldly sorrow?



The Marks of Godly Sorrow

3) *Godly Sorrow Leads to Indignation.*

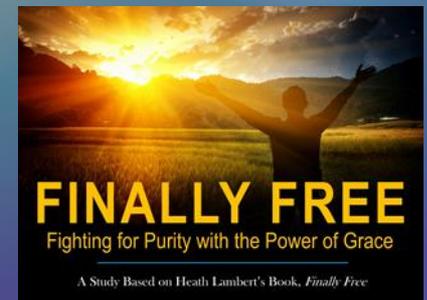
- Indignation is anger or hatred.
- **Discussion Question:** In regard to my own sin, in what way(s) is it right (even necessary) to be angry?
- “The painful grief of life-giving sorrow is produced by the stinging awareness that all sin breaks God’s heart, even if no one else ever discovers it.”
- Psalm 51 is a great example.
- What is the opposite mark of worldly sorrow?



The Marks of Godly Sorrow

4) *Godly Sorrow Leads to Alarm.*

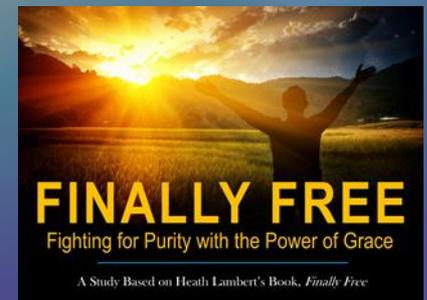
- **Discussion Question:** In what scenarios do we experience “alarm”?
- “When I consider the ways I have continued to sin as a Christian, I see the arrogance in my heart and am aware of the damage I do to myself in that sin. I feel the pain I bring to others because of my sin, and my heart breaks over the disappointment my sin brings to God. . . . It is fear mingled with an awareness of mercy – that God didn’t give us the punishment we deserved.”
- What is the opposite mark of worldly sorrow?



The Marks of Godly Sorrow

5) *Godly Sorrow Leads to Longing and Concern for Restoration.*

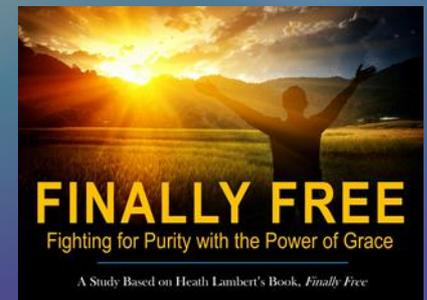
- The Corinthians modeled this with Paul – II Cor. 7:7.
- “Worldly sorrow wants to let bygones be bygones”
- Of course . . . *Romans 12:18 – If possible, so far as it depends on you, be at peace with all men.*
- **Illustration: Zacchaeus**
- What is the opposite mark of worldly sorrow?



The Marks of Godly Sorrow

6) *Godly Sorrow Leads a Desire for Justice.*

- While I may be “earnest” never again to be found guilty of that sin, I readily accept the “just” consequences for my sin.
- **Illustration:** Tyler’s Story (II Cor. 7:10, James 1:15)
- NOTE: This doesn’t mean that I have to take delight in the consequences themselves.
- What is the opposite mark of worldly sorrow?



Pivotal Question

What if you long to experience godly sorrow, but always seem to fall short into worldly sorrow?

- 1) The fact that you long to experience godly sorrow may mean you are on the right track.
- 2) Confess worldly sorrow and pray (cry out) for godly sorrow.
- 3) Rehearse the Gospel again in light of your sin and sorrow.
- 4) Endeavor to learn godly sorrow from others.
- 5) Continue humbly learning and implementing the other grace-based tools.

